

Emotional Anatomy Analysis Assessment Form

The body reflects the past. Ask yourself: Why am I in the shape I am in?

Client Name: _____ Date of Birth: _____

Physically related job duties: _____

_____ Sex: M F _____

Purpose of visit stated by client:

The body is a history book of everything we have experienced in life as well as the reactions and responses to events which have happened or not happened. The neural net of thoughts and emotions create habitual patterns and behaviours that become embodied. By being present and mindful in your body, change occurs.

Refer to pages 15 - 19 in level II (Red) Text Book to assess each of the archetypes below. Use the front and back body outlines and corresponding images from a Bodymind Analysis Report you have to complete below.



Identify and outline your client's archetype:

Provide feedback to your client about their personality (based on their emotional anatomy profile):

Provide feedback to your client about the energy blockages identified in their emotional anatomy:

Provide feedback to your client about their archetype and associated behavioural patterning:

Determine your client's needs including bodywork recommendations:

Practitioner Name: _____ Date: _____